

ONE WORLD YOUTH NEWSLETTER

Volume I

Edition I

A message from our editor:

“I’ve never seen anything like it”. Prior to February of 2019, this was a casual phrase we all threw around to describe everyday occurrences like a difficult test at school or a beautiful meal placed before us at dinner time. But never was this term more appropriate as when our lives were turned upside down by the Corona virus and the events that came with it. Within days, people all over the world were forced to take the exact same actions – stay indoors at all times except for quick runs to the grocery store or a doctor’s office; shoppers bought gloves and masks with their eggs and bread; washing your hands rubbing in sanitizer were *de rigueur*; Zoom and other online visual communication platforms entered our normal lexicon. Sometime in April I had to interview two podcast editors over Zoom. One was in Turkey, the other in Kenya. When I asked them what the situation was in their parts of the world, their answers were exactly the same as mine despite our vast geographical differences. Although I’ve wearied of the word due to its overuse these days, these really were and are unprecedented times.

~ Roz Carvin, senior editor



Working for Victory

Ruhama Tamrat, 11th Grade, Hosanna Catholic School, Ethiopia

The Covid-19 virus pandemic has been a serious challenge not only for Ethiopia but for the world at large. Businesses, transportation, schools and other social institutions have shut down.

The students of one world club are very active in working for the well-being of others. At the gates of schools compounds club students take temperatures, and have taken a leading role in teaching the school community about safety protocols such as washing hands, wearing masks, using sanitizers and following coughing control mechanisms.

Living a life of stress and suffering is a challenge. But instead of giving up, it is

important to work on the challenges and overcome them. Therefore, we must take the necessary



precautions until we find a cure for corona. Wealthy countries should also show their partnership by providing humanitarian and material assistance to developing countries like Ethiopia.

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**Zhaowei Jiang, Jingling Primary School, Nanjing, China**

*My mother is good at Chinese acupuncture and moxibustion as well as a teacher at Nanjing University. She uses Chinese acupuncture and moxibustion to keep us healthy. Moxibustion is a traditional way to fight disease away and it is warm and comfortable. We have to remain inside so we read interesting classic novels, such as Mr. Jin Yong's books. We often practice Chinese traditional calligraphy. We also have fun watching funny You-tubers like "Sundee" and "lazerbeam".*

*We have a lot of heroic people and doctors working at Wuhan. As the epidemic improved, at the end of last semester we*

*started to resume normal school life. Online school isn't as fun as regular school. I'm so happy to see the teachers and classmates on campus again. We are also able to bring our lunchboxes to school because eating from normal plates isn't very sanitary. Every day upon arrival at school, we report our body temperature.*

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**Kimberly Gisell Castro Rivera, Age 14, Escuela Secundaria Americana Acapulco, Mexico**

*During this pandemic, I have felt very sad, not only because of the fact that I can no longer see my friends, but that I no longer feel the freedom to go out with my family and live together. However, there have been benefits such as my mental maturity. I have been able to expand my mind, knowledge and mentality in various circumstances. Besides that, now I do more physical exercises than before, whereas before it did not even cross my mind to keep myself physically healthy.*

*I feel that if we return, many people will change for better or for worse. Thanks to medical advances I can conclude that sooner or later the quarantine will end, but nothing will be like before, I hope people understand for the better.*

*Finally, when I feel depressed I usually take everything out in some way. When it is something small I can calm myself down, put up with it and continue with my daily routine. But when it is something big I get rid of those feelings in one way or another in order not to harm anyone. So practically the pandemic has allowed me to value things more, my time and have good habits.*

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**Gavin La Dore, 12<sup>th</sup> Grade, Port Chester High School, Port Chester, New York**

The COVID-19 pandemic has affected all of us around the world. For myself thankfully, this pandemic has not affected my family and I too badly. My parents both remained employed, though my mom started to work from home. None of my family got sick either. In my community, Port Chester, however, we were all greatly affected. Many got sick in our town, and all schools were closed when the pandemic first started. Fairs, events, and many businesses were shut down. Restaurants had to turn to takeout only, and some businesses even closed. Over the summer, businesses slowly started to reopen and things in Port started to look up as the pandemic subsided, but now because of this "second wave" of COVID-19, it is again looking bleak for the community, and will affect our way of life once again.

Mónica Guadalupe Pérez García  
Escuela de Tiemp Competo Constitucion de 1857,  
Mexico

*The pandemic affected us all through the holidays because Christmas is the time to be reunited with family and because we are careful not to infect ourselves, meetings cannot be held. It also affects people who trade in street markets since sales can be low for them, they investment in Christmas items such as: spheres, lights, ornaments, little*

*trees. And the traders do not get back the money invested and their profits are few. The country is affected economically, since December was considered a date of good sales, for those who are dedicated to selling Christmas decorations, clothes, toys and food. It is important to follow directions, so that our way of life can be as before, to be able to go out, and go to school and be with our family. Let's take care of ourselves, let's use mouth covers, let's respect a healthy distance, let's wash our hands. If you take care of yourself, we take care of ourselves!*

**Covid and Me**  
*Aaron Hammersley, Bryn Tirion Hall*  
*Wrexham, North Wales, UK*

*The pandemic has been bad for everyone in the world. Businesses have suffered and it's harder to go shopping. It hasn't been so bad for me as I've been home a lot but I wasn't able to go trick or treating at Halloween in October. I probably wouldn't have eaten the sweets anyway as I would be scared that they had Covid on them. Also there are a lot of conspiracy theories about the virus and I've been a little suspicious about it all. Small businesses have gone bankrupt but the government has given funds to help a lot of people live throughout this pandemic. It is also sad that people can't go on holiday this year and see family and friends. **True Fact; in 1820 there was a pandemic, in 1920 there was a pandemic and now in 2020 there's been a pandemic.** Christmas is going to be normal for me as me and my family don't go out much. I am very worried about my Nan as she is old and I might not be able to see her. I do understand that some families will struggle to buy presents and see each other which will be difficult. I feel sorry for people who have lost their family members to Covid-19 and that this Christmas will be extra difficult for them. I hope we get a cure so everyone can be happy again.*



**The students of Millbrook Primary School, Bettws, Newport, Wales collaborated with each other to answer the question, “How has the pandemic impacted on us and our families personally and within the community?” Here is what they want us to know...**

Bettws is traditionally a very tight community with a strong sense of togetherness and wanting to look out for each other. The location is a very large estate of houses that runs around in a loop with one road in and out. The pandemic has made the community even tighter. Lockdown has meant people have not left their immediate area and we have seen people caring for each other: collecting shopping or medicine, sharing hands to help each other when Mr. Jone's fence blew down or pushing Mr. George's car down the street when it wouldn't start because he had not used it for a few weeks. **Some families didn't come out of their houses but they put rainbow pictures in the windows or teddies to show that though they didn't feel safe coming out, they were still in the community.** Some friends did not come back to school and it was scary but the teachers made us feel safe. We're doing lots of hand washing and we're all stuck in our own class bubbles but we have all just had to get on with each other and try to be tolerant of each other. It is not always easy but self-regulation has been a skill we have practiced lots. School is a great way to keep being with our friends and to be normal since staying home is just no fun after a while. There are times when it has been scary. Some classes have been sent home or not allowed to come as we have had some positive cases in our school. We haven't seen anyone ill so that's good. We are trying to stay safe and always look on the positive side. We are coming together in our streets at home and in school as a class to survive this pandemic. **AND WE WILL.**

*We hope everyone stays safe around the world!*

**The Two Faces of the Pandemic**  
Yajaira Michelle Bazon Roman Club  
“Juntos por la Paz” (United for Peace)  
Colegio Pas Vallejo Muriano, Mexico

*The pandemic has affected the whole world. Our country, for example, is having a very bad time due to the lack of hospitals and doctors to care for those infected.*

*Thousands of families in Mexico have been affected by Covid-19, it has taken many material things from them, it has collapsed their economy, but even more importantly, it has taken away their family, friends and loved ones. In my family nucleus, we have not lost people to this disease, fortunately, but my mother has lost her uncles, cousins and friends from her school days, and although they are not part of our nuclear family, she feels painfully their losses.*



*Confinement has affected us a lot, since it has totally changed our lifestyle and has shown us that nothing in our lives is assured. The first months of quarantine were very hard for me, since I was in my last year of basic education, and although I was with my family, I felt somewhat alone. I missed the classrooms and my friends, who, after a while, I understood that I would not see again in that year. Weeks passed and little by little I felt better, I learned*

that more than claiming and feeling sad for what I no longer had, I should be grateful for what I did have: my family. Thus demonstrating that even though it is a difficult crisis period, crises are always to make us stronger. During these months of isolation, the planet has been able to take a breather from the pollution and destruction that humanity causes daily. However, this respite will be of no use if when we return to normal, we go back to our old habits and fail to learn from our mistakes. If we do not learn to live in a better way, in a more human way, we will have learned nothing. The pandemic has taken away many things with material and sentimental value, but we must learn to overcome these losses and move forward, stronger than before, in order to improve as people and as humanity. And to be able to continue facing the challenges that the universe has prepared

Miranda Garcia Morales  
Colegio Pas Vallejo Muriana  
Tapa, Gro. Mexico  
Club "Juntos por la Paz"

*This pandemic has affected our lifestyle. It has been a period of crisis, however, crises are always to make us stronger and aware of our actions. In this pandemic, our planet has taken "a break". Confinement has allowed a little reduction in the pollution that we have caused over the years. This pandemic will do us no good if we do not learn to live in a different way: in a more human way. In these times of contingency we have changed the activities and attitudes of our day to day, both in our social and family life. The activities that we have stopped or adopted vary a lot, as some have set new goals, or use their free time in productive ways, for example, exercising or learning a language.*

*However, there are people who have not taken advantage of this experience. The activities we carry out have changed a lot, because now it is not favorable for our health to go out or live with the people with whom we previously related, but there are options thanks to technology to interact with them. Spending more time at home can be positive, since we spend more time with our family, which helps us strengthen our relationship. However, there are people who do not enjoy it and begin to exclude themselves even more or are aggressive. In the contingency, domestic violence has increased catastrophically, due to the stress generated by not being able to leave and the difficulty of finding a job or source of resources, some have chosen to "vent" with their close ones. Bad news aside, we can be proud of the help we are providing to our planet, now that we have been locked in, the planet has been able to take a "breather" from both the abundant daily pollution, and from us. This has achieved, for example, the reduction of holes in the ozone layer. An institution that helps us to raise awareness of our ecological conscience and our values to make a better world is One World, if we work together we can improve the world we live in. I know that this is a difficult task, I know that it is complicated that from one moment to another we have to adapt to a different lifestyle, but something can be learned from everything, and I think that this is a test that was put on us. path, to learn to cope with crises, to form ourselves as human beings and to support each other. While there are people who continue to lead a normal lifestyle, either out of necessity or because they simply do not believe in COVID, the vast majority have decided to support by staying home. We are responsible for living this experience to return to normal or live the experience to learn and change. As I mentioned before, I believe that this pandemic is to learn, the fact of not having the lifestyle that you have had for much of your life, should not change the way you live with those you love. Perhaps it can*



*change the way you see the world or your way of being in a difficult situation, but we must be calm and reflect: - what have I learned and what can I do to improve? By becoming more aware of our actions, we can help the world, by staying home first, to help control this situation; and second, that pollution can be reduced. I am very excited about the possibility of communicating with colleagues from other countries and I am even more pleased to invite them to grow as people. May we promote actions in favor of those most in need, those who suffer the most and in favor of our world. By the way, our world is the only one we have, let's take care of it!*



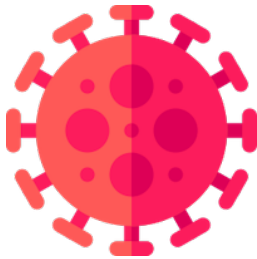
*Marco Antonio Jared Romero  
Escuela de Tiempo Competo Constitution de  
1857*

*At only 8 years old I never imagined that the carelessness of some people could affect my life. Since I can remember my mother has always told me that I should wash my hands before eating and after going to the bathroom; that I cannot be in direct contact with my colleagues and siblings if I am sick or any of them have any symptoms of illness. As the days go by, I am filled with nostalgia because I cannot go to school or to the park. I no longer go to the movies,*

*to games and I miss my classmates, my dance and physical education classes in the open air, I miss the recreation time where I ate with some friends and we talked and laughed about a thousand things. These *cembrina* parties will be different, because we will not do the *posada* in our school, I will not be able to give a hug to my friends and this year due to the pandemic Santa will not come to leave gifts, my grandmother says: "The important thing is *that my family is united and although we got sick we have been very fortunate, because we recovered and we are together*". I already want the quarantine to end and go back to school, I no longer want to feel sad, I want to resume my activities as an 8-year-old boy! Hopefully, adults become more aware of necessary hygiene measures so that the corona virus no longer spreads and so that more people do not die but, above all, so that children go back to school. Without a doubt with this pandemic not only have thousands of people lost their lives, we as children have also lost our education! The freedom to go outside, take a dandelion and blow it to the sky... Without thinking about it my Christmas wish is to go back to school and see all my classmates again!*

*Oscar Alejandro Cortés Martínez*

*I have felt very bad because I cannot see my friends and spend time with them nor can I spend time with the people I love. Because I can't go out on the weekends, I also can't go to the movies or see the world and because many get sick from Covid and die I have to miss school and the teachers. I miss EVERYTHING! I miss Sundays when my dad made me pancakes and we watched movies, and went out to the Plaza at Recorcholís. I also miss MEXÍCO. But I feel happy because I am at my grandparents' house here in Puebla and because I am with my family, but I miss my aunt who stayed there in Mexico. I hope that everything will improve forever in all the countries of the world.*



Wallace  
Jingling Primary School  
Nanjiang, China

I know none of us can go to school now because of Covid-19 but don't worry. We are together in this all the time. We can still go jogging or to the park if you are allowed to go out, or do some exercise at home to make you stronger and healthier. Even if we can't have lessons in school, we can have online classes and still chat with friends. The virus has caused losses all over the world. We should fight against this together

by learning and practicing preventative measures as well as strictly follow the rules and regulations announced by our governments. I believe we can defeat the virus and get back to school soon. The day is approaching.

Tony  
Jinling Primary School  
Nanjiang, China

*With the sound of firecrackers , we have entered the year of 2020. But something unexpected happened in this year, a new type of corona-virus has spread through the whole world. But the virus didn't make us shrink back. I believe, the virus will disappear soon, so let us join efforts and help each other. I believe we must overcome the difficulty with our soul and heart. In the end, the virus will soon be driven away by our medical workers such as professor Nanshan Zhong. I am sure we will win the war at last.*

*Remember to wear the mask !*

Cesar Enriquez Lopez Lizama  
Escuela Secundaria Americana  
Acapulco  
Age 14

During the pandemic I have felt very sad, not only because of the fact that I can no longer see my friends but also because I no longer feel the freedom to go out with my family and live together. The best benefit that it brought me I think was my mental maturity. I feel that I have gone through many experiences locked up that have allowed me to expand my mind, knowledge and mentality in various circumstances. I also do more physical exercises than before when it did not even cross my mind to keep myself physically healthy.

I feel that if we return, many people will have changed. Some for better and some for worse. I feel like some people don't collaborate much either and won't even wear a mask. On the other hand, thanks to medical advances I believe that sooner or later the quarantine will end, but nothing will be like before.

Finally, when I feel depressed I usually take everything out in some way. When it is something small I calm down or put up with it and continue with my daily routine. But when it is something big I get rid of it

in one way or another in order not to harm anyone. So the pandemic has allowed me to value things more, my time and have good habits.



Kimberly Gisell Castro Rivera  
Escuela Secundaria Americana Acapulco  
Age 14

COVID has affected my life both emotionally and physically; emotionally because I am isolated and I go through problems on my own and physically because of how I look, since I have neglected myself.

It has also affected us as a family. Our communication is sometimes a lot, sometimes very little and I spend much of my time alone at home - literally every day. It doesn't affect me, I don't care, and after around 10:00 pm most of my family arrives home, but then I spend it in my room.



As a community it has affected us because many people have lost their jobs and jobs are poorly paid, other businesses have closed. There are people who do not have a job and try to eat and live from day to day and have to take out for food. Businesses close because nobody buys because there is no money. I worry because bars are open and full of people, and they do not respect the safety measures or the distances between the tables. The more people who enter, the happier the owners are. But I don't understand bars have been reopened? How will we move forward? I don't know! People don't seem to understand or care about the welfare of others. It isn't until a relative of yours gets sick or you get sick yourself that they start to believe.

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Edited by:  
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